



HOLIDAY AROMATHERAPY GIFT SET WORKSHOP

LEARN TO CREATE CUSTOM & COST EFFECTIVE AROMATHERAPY GIFTS

THURSDAY, OCTOBER 30TH, FROM 6:00 TO 8:00 PM

Join us and learn with Aroma Designer, Cristina Carrión how to choose just the right fragrances and blend pure essential oils in a variety of ways to create perfect and unique gifts.

You will enjoy an evening of fun and new ideas, and you will leave with five custom-made gifts to enjoy yourself or share with someone else!

*Panela Sugar Scrub * Aroma Bath Salts * Bath Oil Blend
* Body Oil Blend * Custom Essential Oil Blend



Cristina has 14 years of practical experience in the development of formulations of aromatherapy products for the health, spa and fitness industries. She has presented to audiences in North and South America on television, radio, seminars and workshops.

Her expertise and enthusiasm along with a multitude of requests from health practitioners, inspired her to design THE 7 SOLUTIONS, a complete aromatherapy line designed to address the physical and emotional stresses that affect us in our daily life.

Aroma Designer ~ Cristina Carrion

WHEN: THURSDAY, OCTOBER 30TH, FROM 6:00 TO 8:00 PM

COST: \$50 - (INCLUDES FIVE CUSTOM MADE PRODUCTS)

WHERE: LITTLEFIELD COTTAGE HEALING ARTS & DAY SPA